



ST JOHN OF GOD
Foundation



NEWSLETTER
AUTUMN: 2019

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A MESSAGE FROM THE CEO

Dear Friends

How quickly time passes - it seems like only yesterday we were celebrating Christmas, and in the blink of an eye we find ourselves a quarter of the way through the year.

This has encouraged me to reflect on the importance of making time for family and friends in an age of being 'time poor'. As one of St John of God Health Care's core values, the word hospitality offers some insights on how we can provide a "welcoming openness to all" - whether family, friend or stranger.

The word 'hospitality' is derived from the Latin word 'hospes', meaning 'guest' and it is deeply rooted in both human relationships and goodwill. It's a powerful message, and one that so clearly resonates with us here at the Foundation.

Whilst hospitality is considered a cornerstone of our organisation, it's your hospitality and compassion that allows St John of God Health Care, through the Foundation, to make an impact on so many lives in our community.

Many of the beneficiaries of your hospitality may be strangers, but through your generosity, their lives, and the lives of those around them, will be forever changed. This is hospitality in action. It's hospitality with impact.

In keeping with the theme of hospitality, I'm also thrilled to welcome new members to the Foundation team (and hope you will too). You can find out more about our senior appointments Anne and Rachel in this edition.

You can also read more about our achievements in research and join us in congratulating our St John of God Berwick Hospital on their first birthday milestone.

So thank you for your hospitality, in whatever way you choose to support our Mission.

Wishing you and your loved ones good health.

Kind regards,

Bianca Pietralla
CEO, St John of God
Foundation



NEW SENIOR APPOINTMENTS TO ST JOHN OF GOD FOUNDATION

The St John of God Foundation is pleased to introduce its senior team with two key appointments.

Anne Paton has been appointed to the role of Director of Philanthropy and Partnerships and will lead one-to-one relationship fundraising with major donors, trusts, foundations and philanthropic partnerships.

"In my first week with the Foundation I have experienced the hospitality and care that is synonymous with St John of God Health Care. In my new role with the Foundation I look forward to connecting with the many people in the community who have both supported and benefited from our care and hospitality," Anne said.

Anne brings over a decade of senior level experience to the role, most recently as a Senior Consultant with St Vincent's Foundation in Melbourne.

Anne's previous roles include Fundraising and Commercial Manager for John Logan Foundation and Director of Fundraising and Business Development for Telethon Speech and Hearing.



Rachel Bruechle joins St John of God Foundation as Senior Manager Marketing, Communications and Fundraising to drive brand awareness, oversee community fundraising campaigns, appeals and events, and the communications program with the Foundation's supporters.

Rachel has over 20 years' marketing and fundraising experience, most recently as Senior Manager, Marketing for Royal Flying Doctor Service (WA). Her previous senior roles include Head of Marketing and Intelligence for Activ Foundation, Director of Development and Communications at Murdoch University, and Group Marketing Manager at Lotterywest.

"I've had the privilege of working for some life-changing, mission-oriented organisations in my recent career and I'm pleased to continue this focus with St John of God Health Care." Rachel said.



THE IMPACT OF FOOTPRINTS

Footprints Day Centre is fundamental to the person-centred care provided to patients and families at the St John of God Murdoch Community Hospice.

20 years ago, through generous community support, St John of God Murdoch Community Hospice was established as a specialist palliative care service to patients in the South Metropolitan area. A core part of the service has been the provision of support and therapy services through Footprints Day Centre, which provides practical and emotional support for people with potentially life-limiting conditions and their families.

The Footprints Day Centre is essential to St John of God Murdoch Community Hospice's provision of holistic care, addressing the physical, psychological, social and spiritual needs of patients and families.

Through ongoing community support and dedicated volunteers, the Centre aims to support patients, their families and carers in their time of need, resulting in outcomes that provide the best possible quality of life. It offers a supportive environment where patients and families can relax, meet others, gain information and engage in various craft and art based activities.

Services and activities are designed to assist in a number of ways, including:

- Helping patients and carers to deal with the emotional and associated anxiety issues they may be experiencing,
- Offering patients and carers a distraction from medical issues while enjoying some time out of home or their hospice room, and
- Supporting patients and families to capture important memories and gain perspective on their situation. They can also be linked into counselling and bereavement services where required.

Feedback from patients, families and carers highlights the impact of Footprint's services during exceptionally challenging and vulnerable times.

"What a remarkable staff and program you head up in Footprints and such wonderful volunteers to give their expertise, time and very real care, not only to the patient, but those of us who walk through it all with them. I have such gratitude and respect for you all."

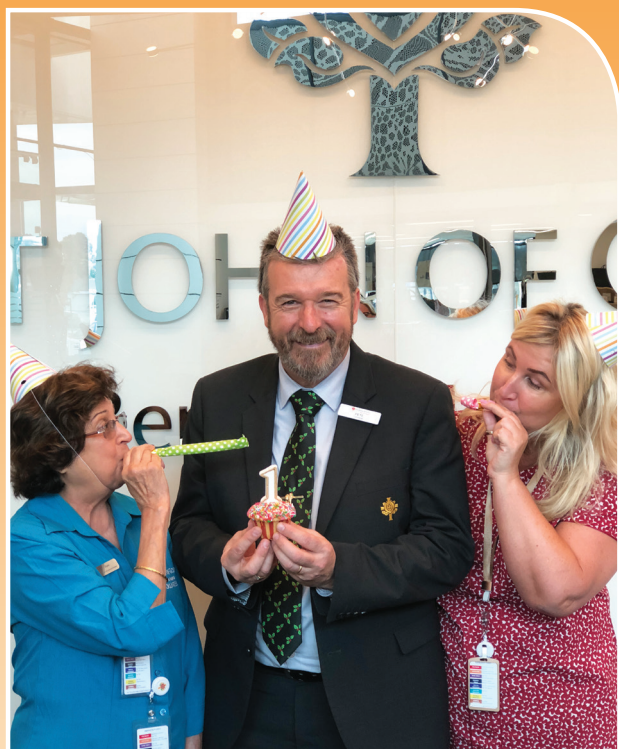
"Footprints is truly an amazing organisation that makes a difference to the lives of all cancer patients and their family. You provide solace and support when it's needed. I am full of gratitude that Hayden was able to accept your console and comfort. A big thank you again for helping me through this difficult time."

The Foundation continues to raise vital funds for projects that improve the way we deliver healthcare to the community, particularly in areas of unmet need such as the Footprints Day Centre.



FIRST YEAR SUCCESS FOR NEW ST JOHN OF GOD BERWICK HOSPITAL

Celebrations were held on Friday 18th January 2019 to commemorate the first birthday of the St John of God Berwick Hospital



We wish to thank the community for helping us reach our goals and for their continued support in bringing "care closer to home."

In its first year, the St John of God Berwick Hospital has much to celebrate. It has already won two awards; the first an award for the Best Hospital Development, and the second a Worksafe Award for Consultation and Liaison in Hospital Design. "Years of meticulous planning resulted in our beautiful new hospital, which has been a huge success," explains hospital CEO Lisa Norman.

"It has been incredibly satisfying to watch as our dreams come to life and offer our community an enhanced healthcare service. Additional beds have allowed us to double the number of patients we can care for. New services have allowed us to offer a more complex range of healthcare."

New services include the opening of the first Intensive Care Unit in the region, which allows the hospital to accept more complex surgical and medical patients and care for them closer to home. The introduction of cardiac services has also enabled doctors to insert cardiac stents and pacemakers in the low dose Siemens catheter laboratory.

A new Rehabilitation Unit gives patients recovering from surgery, illness or trauma the opportunity to recover and regain strength, under the same roof as where they underwent surgery or medical treatment.

Now employing over 700 caregivers with accreditation for over 560 doctors, over 300 new employees joined the workforce as the hospital grew from an 82 bed campus with four operating theatres to a multi-level 202 bed hospital with eight operating theatres and six birth suites.

The hospital has also invested in a number of new medical technologies, with the acquisition of a Holmium Laser (MOSES) so that urologists can operate on kidney stones and enlarged prostates. The breast surgeons gained a Hologic Imaging scanner, which ensures they have good margin clearance when removing breast cancer in theatre.

In 2019, the robotic surgical program will expand to include total knee replacement surgery, which was well timed to coincide with the opening of a new Orthopaedic and Spinal Unit on 4th February. The hospital is working with surgeons to consider future robotic solutions that will enable the most contemporary surgical options for patients.

Through the generous support of the community, over \$2.3M was committed towards to comprehensive cancer and cardiac care services for this state-of-the-art hospital.

St John of God Berwick is dedicated to meeting the healthcare needs of the community and looks forward to providing more specialties and services into the future.



SUBIACO RESEARCH ACHIEVEMENTS HIGHLIGHTED

St John of God Subiaco Hospital has released its latest Health and Medical Research Annual Report, profiling many remarkable achievements across its research portfolio.

The report features annual highlights of the hospital's 15 research units and collaborations, including research projects and clinical trials, publications, researcher accolades and insights into strategic research interests.

The St John of God Foundation is grateful for the ongoing support of the community in sharing the hospital's vision for leading-edge medicine, facilities and research.

St John of God Subiaco Hospital Chief Executive Officer Professor Shirley Bowen said, "Our investment in health and medical research is an important part of how we deliver exceptional patient care. It enhances our engagement with the very best in new technologies, treatments and practices, and enables us to attract a world-class team of researchers, doctors and caregivers."

One of the groups highlighted is St John of God Subiaco Hospital's Breast Cancer Research Unit.



Led by St John of God Subiaco Hospital surgeon Professor Christobel Saunders AO, the unit's research focuses on improving the health, care and lifestyles of those affected by breast cancer through a range of diagnostic and treatment services.

St John of God Subiaco Hospital surgeon
Professor Christobel Saunders AO

"I would like to gratefully acknowledge all researchers who contributed to the outstanding portfolio of research outlined within this report. We are so fortunate they have chosen to partner with us in their research efforts."

There are currently more than 50 employed researchers at St John of God Subiaco Hospital across 15 research fields who have produced over 144 publications.

One of the groups highlighted within the report is St John of God Subiaco Hospital's Breast Cancer Research Unit.

Led by St John of God Subiaco Hospital surgeon Professor Christobel Saunders AO, the unit's research focuses on improving the health, care and lifestyles of those affected by breast cancer through a range of diagnostic and treatment services.

Services include innovative oncoplastic and reconstruction surgery, medical oncology and supportive care through donor-funded dedicated breast nurses, survivorship clinics, specialist physiotherapy and psychology care.

According to Professor Bowen, one in eight Australian women are diagnosed with breast cancer before the age of 85, which is over 15,000 women per year.

"Survival rates for this disease continue to improve and the research being conducted by Professor Saunders and her colleagues is playing an instrumental role in providing better treatment."

Professor Saunders was honoured in 2018 as an Officer in the General Division, Order of Australia, for distinguished service to medical education in the field of surgical oncology and to the diagnosis and management of breast cancer and melanoma as an academic, researcher and clinician.

The full report is now available at
www.sjog.org.au/subiacoresearch

HOW YOU CAN HELP



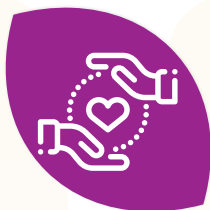
MAKE A DONATION

Both one-off and regular monthly gifts support long term projects and their outcomes.



GIFTS IN WILLS

By looking to the future, you can feel assured that your memory carries a lasting legacy for many others.



CORPORATE PARTNERSHIPS

Dynamic partnerships with caring corporations are essential in providing the community with the best care.



COMMUNITY FUNDRAISING

Help us continue our significant community work by holding your own fundraising event.



GIVE IN MEMORY OR CELEBRATION

Make a gift in lieu of flowers to honour your loved one, or in celebration of a special event.



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