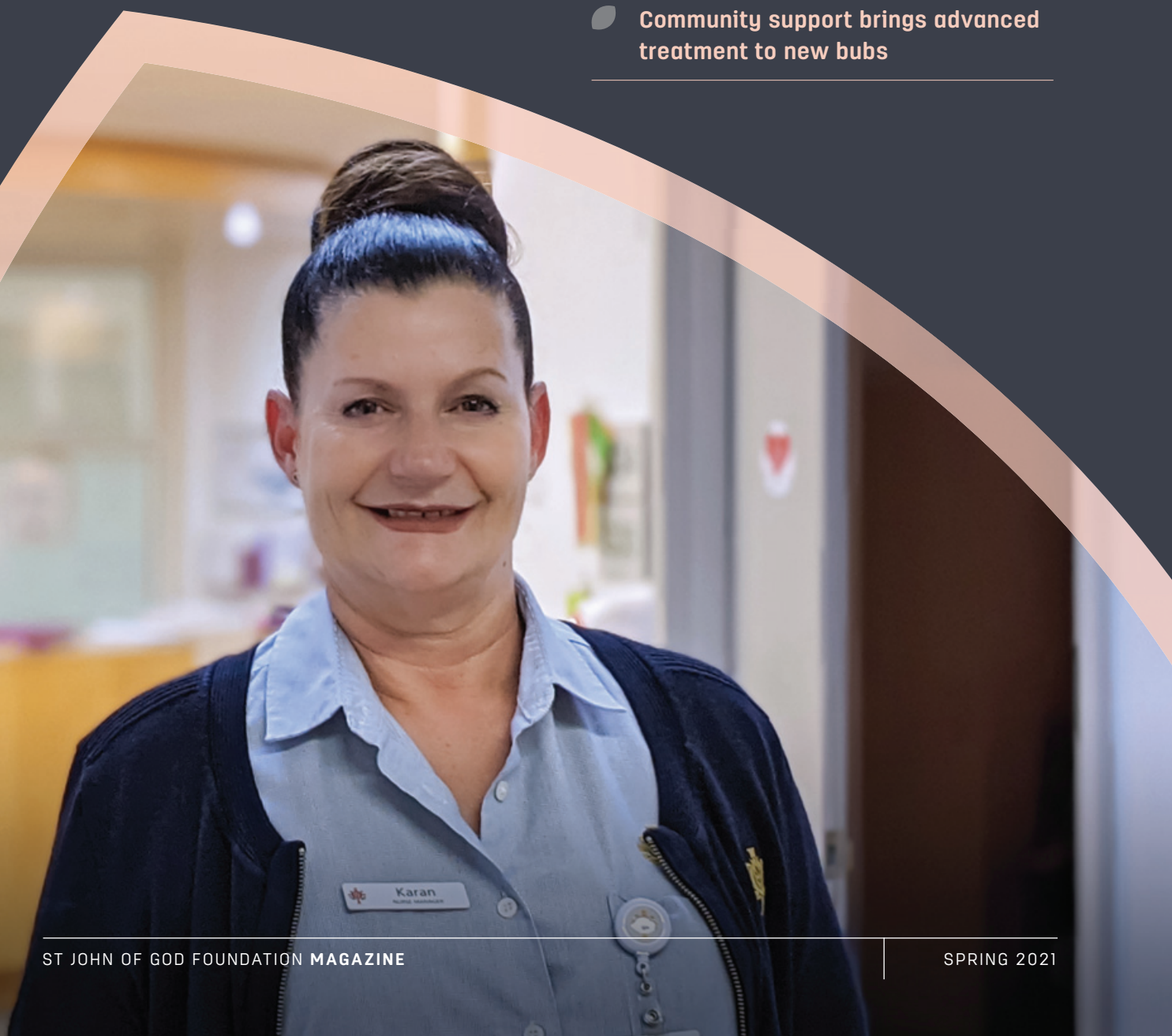


Giving Insight

SPECIAL IMPACT REPORT

IN THIS ISSUE:

- A heartfelt thank you from Karan
- Grateful patient chooses to give back
- Donor-funded equipment directly impacts patient care
- Community support brings advanced treatment to new bubs



Message from the CEO



Dear friends,

Welcome to St John of God Foundation’s 2021 Spring Magazine, our Special Impact Report.

It’s my pleasure to take this opportunity to share stories of real human impact with you – stories of the people who have received life-changing treatment through innovative new therapies, translational medical research, and personalised care thanks to the kindness and compassion of generous supporters like you.

In the 2020-21 financial year, more than \$1.7 million was raised for areas of support that matter the most to our donors. I am so grateful to our entire philanthropic community and am pleased to share a snapshot of the key areas you supported on the next page.

With September being Prostate Cancer Awareness Month, it’s also timely to share the impact of the donor-funded Transperineal Prostate Biopsy equipment, which supports more accurate diagnoses and specialised treatment plans for patients at St John of God Bunbury Hospital. Dr Paul Crow reflects on the significance of this equipment for regional patients on page 7.

You can also read more about how our community has enabled the purchase of a Transcutaneous Bilirubinometer (TcB) device to support advanced diagnosis and treatment of neonatal jaundice. Find out what this means for newborns and their parents on page 10.

Thank you to each and every supporter that has helped us to enable health care advancements over the past twelve months. My gratitude for your shared vision is immense.

Kind regards,

Bianca Pietralla
Chief Executive Officer
St John of God Foundation



Prostate cancer is the most commonly diagnosed cancer in males and the second leading cause of cancer-related death for men in Australia.

Thanks to generous support, Dr Paul Crow (above) and other St John of God specialists can now offer patients a new procedure that ensures more accurate identification and diagnosis of prostate cancer for men in the South West of Western Australia.



Thank you
for helping us
to raise over
\$1.7 million in
2020-21

YOUR SUPPORT:

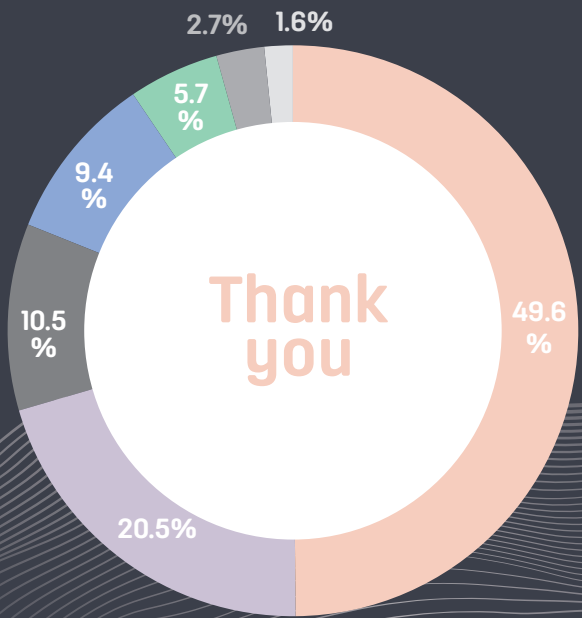
How your donations make a difference

All donations received by St John of God Foundation are directed to support areas of greatest meaning to you.

Philanthropy is often a personal expression of compassion that comes from a desire to help others, and it’s our privilege to connect our supporters with causes they care about to create impact for people who truly need it.

How your donations
were allocated in the
2020-21 financial year:

- Medical and health research
- Area of greatest need
- Innovative medical equipment
- Expanded hospital services
- Patient support
- Community services
- Other



COMMUNITY:

Why I choose to give

Our compassionate donor community has supported medical innovation, world-leading medical research and transformational health care for patients in our communities.

It is our privilege to bring supporters closer to the areas of impact they find most meaningful, connecting people with the patients and their families who will truly benefit from their compassion and generosity.

Hear from some of our supporters about why they choose to help make a difference for people in their time of greatest need.

"My family has had a strong connection with St John of God Subiaco Hospital for more than 30 years. It's a pleasure to be able to give back to the hospital and to the community, a value which was instilled in us by our father."

– Robert Carcione of the Carcione Foundation

"It's my way of saying thank you for the wonderful care my mother received at St John of God Bunbury Hospital."

– Suzanne Hughes, St John of God Bunbury Hospital donor

"Both my wife and I have been affected by cancer, which is why we are committed to supporting better health outcomes for others; for generations to come. Research is so important because it is the only way we can get closer to finding answers, to finding a cure."

– Terry Iannello, supporter of colorectal cancer research

"I believe in the cause and I think it's a very unique way to make a difference to people's lives."

– Kylie Paliokas, St John of God Bunbury Hospital caregiver

"We all want our patients to have access to the best treatment options, so we decided to host a fundraising raffle to support cancer research. It was great to see how excited everyone was to get involved. Some of our patients donated blankets to be included in the raffle prize."

– Emma Lacey, St John of God Murdoch Hospital caregiver

"Both my wife and I have experienced outstanding care at St John of God Geelong Hospital over the past three years, and we wanted to show our appreciation by doing something that would make a real difference."

– Andrew Withers, grateful patient at St John of God Geelong Hospital

"While it felt like no gift could ever express our gratitude, my husband and I decided a donation to the nursery would be a lasting gift and will contribute to the amazing job the team will continue to do for thousands of other precious babies in the future."

– Laura Rigoni, grateful patient at St John of God Geelong Hospital



A heartfelt thank you from passionate caregiver Karan

St John of God caregiver Karan Lane expresses her sincere gratitude for your support towards our 2021 'Cuddle Beds' Tax Appeal.

To everyone who supported our recent Cuddle Beds Appeal, I want to say a huge thank you to you, from the bottom of my heart.

My determination to bring Cuddle Beds to more patients only grew stronger after I saw first-hand the difference these beds can make for both patients and their loved ones during end of life care. Support from people like you made this possible.

It really has been a dream come true for me and my ward. It's been amazing watching people utilise our first bed;

hearing how much everyone loves the Cuddle Bed is so meaningful to us all.

I'm glad I've been able to share my own story, and I feel honoured that it's played a small part in helping more patients to access deeper comfort and connection with their loved ones.

If you haven't read about the amazing Cuddle Beds, you can find out more and send your support at sjogfoundation.org.au/CuddleBeds

Thank you again for making a difference.

Your support can help bring deeper comfort and connection to patients during end of life care.

Karan Lane
St John of God Murdoch Hospital
Oncology Nurse Unit Manager

▼ Caregiver Karan Lane was the driving force behind the first Cuddle Bed at St John of God Murdoch Hospital.





WHY I BECAME A DONOR:

I wanted to say thank you in a way that was meaningful

“How can I give back in a way that will benefit the hospital and the wonderful caregivers who have looked after me, as well as future patients?”

Grateful patient Andrew Withers asked this question, committed to showing his appreciation for the care he'd received.

“Both my wife and I have experienced outstanding care at St John of God Geelong Hospital over the past three years, and we wanted to show our appreciation by doing something that would make a real difference.”

During the week that Andrew spent in the rehabilitation ward recovering from major surgery, he did some research of his own by speaking to the hospital caregivers about what he could do to show how grateful he was. The result was a donation that enabled the purchase of a new portable electrocardiograph (ECG) machine.

ECG machines are used to perform tests that detect cardiac (heart) abnormalities by measuring the electrical activity generated by the heart as it contracts.

St John of God Nurse Unit Manager Andrea Shrimpton said the whole team has been moved by Andrew's expression of gratitude, and are already seeing the benefits of his gift. *“Outside of the cardiac ward, our ECG machines aren't always in use, but when they are required for diagnosis, quick and easy access is critical.”*

“Now that we have an ECG machine specifically for our ward we are better equipped to manage early diagnosis of any changes in a patient's heart condition, enabling a treatment plan to be developed as quickly as possible. Caregivers no longer need to leave the ward to collect an ECG machine which is another benefit for all.”

St John of God Geelong Hospital CEO Stephen Roberts said it was wonderful to see caregivers recognised for the exceptional care they provide in this way. *“Andrew's donation has resulted in our timely access to this important diagnostic equipment. It's been great to see the team help Andrew follow through with a meaningful gift to show his appreciation. We really can't thank him enough.”*

To discover more stories like Andrew's, please visit www.sjogfoundation.org.au/Impact where you can read about the life-changing impact that donor-funded equipment, research and personalised patient treatment can have for patients and their loved ones.



Andrew Withers and caregivers on the rehabilitation ward celebrating the arrival of the new ECG machine.



Dr Paul Crow, St John of God Bunbury Hospital Urologist.

FUTURE FOCUS:

New technology offers patients advanced care

Prostate cancer is the most commonly diagnosed cancer in males and the second leading cause of cancer-related death for men in Australia.

St John of God Bunbury Hospital has become the first regional hospital to introduce a new procedure and technology that ensures more accurate identification and diagnosis of prostate cancer for men in the South West of Western Australia.

Known as a transperineal biopsy, Urologist Dr Paul Crow said the new procedure has numerous benefits. *“Patients can receive a more accurate diagnosis and their risk of biopsy-related infection is significantly reduced, which can assist with recovery rates.”*

“Transperineal biopsy can be advantageous as it accesses areas of the prostate that a standard prostate biopsy finds harder to reach and involves taking samples via the skin of the perineum, rather than through the rectal wall.”

The new equipment was fully funded by donations to St John of God Foundation and adds to the hospital's existing comprehensive prostate cancer service.

St John of God Bunbury Hospital CEO Jeffrey Williams said how grateful he was for the combination of donor support and the engaged doctors and specialist teams involved in bringing the technology to the hospital.

“

Our focus is always on what is best for our patients and they can rest assured that they are receiving the best treatment for their condition without having to travel to the city.”

- Jeffrey Williams, St John of God Bunbury Hospital CEO

Compassionate donations to St John of God Foundation help us continue to fund advanced treatment options at St John of God Hospitals, improving health care for regional patients.



Helen with her three children; Dane, Rosie and Lucy, at Rosie's wedding reception in June 2019.



Helen Parry, breast cancer survivor who received advanced radiation treatment.

Helen's life-changing coincidence

Helen Parry, a Chief Medical Imaging Technologist at Royal Perth Hospital, was diagnosed with a grade two invasive ductal carcinoma in 2020.

Due to coronavirus patient restrictions in place at the time, her imaging team was unable to train using a new mammogram x-ray machine. This prompted Helen to bring forward her regular mammogram by six months to assist with training.

Much to Helen's surprise, this coincidence led to the early detection of her cancer. The timing of the discovery meant Helen was able to access Intraoperative Radiation Therapy (IORT), a rapid radiation treatment for breast cancer. "I didn't know much about the treatment, but when the process was explained to me, I couldn't believe how seamless it was going to be," Helen said.

Compared to standard radiation treatment for breast cancer, where patients can have significant scarring and painful side effects, with IORT Helen suffered very little discomfort and minimal scarring. The radiation therapy

was also completed in one day, relieving her of up to six weeks of standard radiation therapy.

Helen described her experience as amazing, and said it was a relief for her and her family that she was able to access treatment with IORT. "I had no post-surgery drains, no painful side effects and I didn't even need to take my pain medication in the weeks following the operation. I was truly amazed."

"You're dealing with a lot already with taking in your diagnosis and thinking about your future, so not having to deal with other side effects of treatment that leave you feeling more vulnerable and possibly in pain, it was such a relief."

IORT is available to eligible breast cancer patients at St John of God Subiaco Hospital thanks to philanthropic donations that funded the advanced medical equipment.

This treatment has helped over 50 women since early 2020, and will continue to support advanced cancer treatment for many more.

"The outcome has been so good that I just can't speak highly enough of it, and I can't thank the donors enough for their generosity."

RESEARCH IN FOCUS:

A lasting legacy supporting cancer research and treatment



Associate Professor Tim Clay, St John of God Health Care researcher and medical oncologist.

An incredible legacy gift has been made by grateful patient Shirley Ellis to support better outcomes for cancer patients at St John of God Subiaco Hospital, and the broader community.

Shirley's legacy gift will support cancer research undertaken by academic researcher and medical oncologist, Associate Professor Tim Clay, at St John of God Subiaco Hospital.

A/Prof Clay was humbled to learn of Shirley's generous gift, and excited for its potential to support further opportunities to impact real change for cancer patients through translational research, helping patients to access the latest and potentially life-saving treatments.

"We have the privilege of caring for thousands of people with cancer at St John of God Subiaco Hospital each year and are very thankful for the generosity of our donors. Shirley's gift was unexpected and amazing to receive. Gifts like this allow ongoing support for patients, and academic research to continue at St John of God Hospitals, which can directly benefit patients, their loved ones, and the wider community."

St John of God Subiaco Hospital CEO Shirley Bowen said the gift would support world-leading cancer research being carried out at the hospital, and most importantly, better health outcomes for patients. "St John of God Subiaco Hospital is committed to developing distinctive, high-quality research that has the greatest potential to improve clinical outcomes and quality of life for our patients and their loved ones."

Leaving a legacy gift in your Will can help St John of God Health Care to meet the growing needs of patients in our communities. By choosing an area of support that's meaningful to you, you can help to ensure the very best health care is available for people in their time of greatest need, now and into the future.

We welcome you to contact Preema Wong, Director of Philanthropy, on 0427 526 899 or email Preema.Wong@sjog.org.au for a confidential discussion on how leaving a gift in your Will can create a lasting legacy.



St John of God Health Care researchers, caregivers and patients all benefit from generous support of cancer research and treatment.



IMPACT:

Community support gives new bubs advanced care

Thanks to the wonderful support shown by the St John of God Geelong Hospital community, the hospital's Special Care Nursery will soon be purchasing their very first Transcutaneous Bilirubinometer (TcB) device to support advanced diagnosis and treatment of neonatal jaundice.

Neonatal jaundice is common, occurring when the liver is unable to break down excess red blood cells. Standard treatment requires infant blood samples to measure levels of bilirubin – a chemical component inside red blood cells that can be harmful if an excess is present – in newborns.

The new TcB device will allow a bilirubin measurement to be taken from a newborn's forehead to determine whether further testing is required. This offers numerous benefits to newborns and their parents including less pain, reduced

infection risk, and also minimises the potential for interruption of breastfeeding, allowing mother and baby to spend more time together in the days following birth.

The TcB device can also be used to measure the effectiveness of treatment, which may reduce the number of additional blood tests needed for an infant requiring condition management.

St John of God Nurse Unit Manager Melissa Mazzarino said the team is very grateful for the community's support and is excited about the benefits the device will bring.

"Being the first TcB device for our nursery, the team is excited about the benefits for bubs and their parents. The device will also support reduced testing rates overall which will give comfort to families and give caregivers more time for other support duties."



The purchase of this equipment was only made possible thanks to kind donations received at Café Costa's Tap and Go donation point (above), along with gifts from individuals and families in the community.

To find out how you can support the Special Care Nursery at St John of God Geelong Hospital, or a different area of care at your local St John of God Hospital, please go to www.sjogfoundation.org.au or call the Foundation on 1800 281 288.

IN LOVING MEMORY:

Remembering our benefactors

We were deeply saddened to say goodbye over this past year to some incredibly compassionate and inspiring people who were significant philanthropic leaders in our community.

We are truly grateful for their unique and meaningful support and our thoughts and prayers remain with their family and friends.



Siegfried (Siggi) Westerfeld, 1949 – 2021

Siggi was a man of generous spirit and heart, and believed in philanthropy as a meaningful way to enhance the wellbeing of others.

Siggi began receiving treatment at the Cancer Centre at St John of God Murdoch Hospital in 2017, and over time he and wife Gudrun made significant contributions towards cancer treatment and research at the hospital. Siggi will be greatly missed and his legacy continues to live on through the oncology clinical trials unit, which supports medical innovation and helps researchers to develop new and more effective treatments for cancer patients.



Frank Costa AO, 1938 – 2021

Frank was a highly respected businessman and notable Geelong community leader. He was an active philanthropist and a long-time supporter of St John of God Geelong Hospital, contributing to the hospital's redevelopment in 2014, as well as the upgrade of the day oncology centre and Special Care Nursery.

Frank was also a patron of St John of God Health Care's Horizon House Program, which provides support to vulnerable young people. Frank's contributions enabled the addition of a further two Horizon Houses to provide support for young people in the region.



Prof. Michael Quinlan AO, 1938 – 2020

Professor Quinlan was a highly respected specialist medical practitioner and well-known Western Australian who had a long association with the Sisters of St John of God, and was a member of St John of God Health Care's first Governing Board.

Professor Quinlan went on to become the inaugural St John of God Foundation Board Chair in 1997. In this role he was instrumental in leading a capital campaign to garner community support for the Bendat Family Comprehensive Cancer Centre (BFCCC) at St John of God Subiaco Hospital. The BFCCC was established in 2007 to provide comprehensive support, allowing patients to access all the services and support they need, for all cancer types, in one location.



Peter Patrikeos, 1938 – 2021

Peter was a beloved member and Deputy Chairman of the St John of God Health Care Governing Board for nearly a decade, and formerly held the role of Director of St John of God Foundation.

Peter made meaningful contributions to support comprehensive cancer care as well as the St John of God Murdoch Community Hospice during this time, creating positive impact for many patients and their loved ones.

MAKING A DIFFERENCE



ST JOHN OF GOD
Foundation

Transforming health care for **humanity**



**DONATE
TODAY**



Donate online today at:
sjogfoundation.org.au/donate



Complete the form below and return to:
**PO Box 5753, St Georges Terrace,
Perth WA 6831**

Yes, I/we would like to support transformational health care for people in need.

Please accept my/our gift of: ☐ \$25 ☐ \$50 ☐ \$100 OR \$

☐ **Monthly Donation** I'd like to make this a regular gift to maximise my impact.

All donations of \$2 or more are tax-deductible. St John of God Foundation Trust ABN 64 715 901 441

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Email Address

Providing your email address allows us to email your tax receipt to you, minimising costs and paper usage.

Payment Details

Please debit the above amount to my credit card ☐ **MasterCard** ☐ **Visa** **OR** ☐ **My cheque / money order is enclosed**
(made payable to St John of God Foundation)

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Card Holder's Name

Expiry Date

/

Signature

Date of Birth

Please be assured that 100% of your donation to St John of God Foundation will be used as you request.

We respect your privacy. If you would prefer not to receive further materials from St John of God Foundation please contact us on 1800 281 288 or email Foundation@sjog.org.au.

Please direct my gift towards:

- | | | |
|---|--|--|
| ☐ Area of greatest need | ☐ Leading medical and health research | ☐ A specific St John of God Hospital or Service:
_____ |
| ☐ Precision Health (innovative technology and equipment) | ☐ Gifts of Hope for cancer patients | |
| ☐ Cuddle Beds for end of life care | | |

LEAVING A LEGACY GIFT

By leaving a gift in your Will to St John of God Foundation, you can help to ensure the very best health care is available for people in their time of greatest need, now and into the future.

- ☐ I am interested in leaving a legacy gift, please contact me at: _____
- ☐ I have already left a gift in my Will



ST JOHN OF GOD
Foundation

Donate online today at www.sjogfoundation.org.au/donate

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